

# Somerset Integrated Care Strategy and Five Year Joint Forward Plan Update on process and progress

Health and Wellbeing Exec 16 March

Collaboration Forum 17 March 2023

Health and Wellbeing Board 27 March 2023

Somerset Integrated Care Board 30 March 2023



# Our Somerset ICS vision and strategy

Improving Lives is the Somerset strategy owned by the Health and Wellbeing Board. This sets out how we will work to deliver improvements for our population. We take the Joint Strategic Needs Assessment into account when defining the strategy.

The Integrated Health and Care Strategy will deliver the fourth element of Improving Lives and will guide our system planning and prioritisation.

Organisational strategies (for example, the clinical strategy, which underpins the merger of Somerset Foundation Trust and Yeovil District Hospital), will be set in the context of delivering our overall system strategy.

Ahead of the ICS launching, we refreshed the strategy and engaged with a number of stakeholders to make sure it was fit for purpose, what we learnt from Covid; ensuring the strategy is inclusive and covers all ages of our population and meets the requirements of the ICS. We are mapping transformation programmes across the system to identify where we have gaps and need to accelerate activities in order to deliver the strategy.

## SOMERSET COUNTY VISION

We have a vision for Somerset. Over the next ten years, we want all organisations to work together as a partnership to create:

- A thriving and productive Somerset that's ambitious, confident and focused on improving people's lives
- A county of resilient, well-connected safe and strong communities working to reduce inequalities
- A county infrastructure that supports affordable housing, economic prosperity and sustainable public services
- A county and environment where all partners, private, and voluntary sector, focus on improving the health and wellbeing of all our communities



### Working Vision for the Partnership

In Somerset we want people to live healthy independent lives, supported by thriving communities with timely and easy access to high quality and efficient public services, when they need them.

# Somerset Strategy and Joint Forward Plan

- The strategy development builds on the work from Fit for My Future with 5 aims
- It will take us from 2023 to 2028
- The Integrated Care Partnership is the leading body for the work and there is a recently created Collaboration Forum that is overseeing the engagement and development work.
- We have undertaken engagement on the strategy and the joint forward plan (the what and the how), with a questionnaire supported by HealthWatch, as well as engagement with partners.
- The Joint Forward Plan is a programme and project plan for the effective delivery of the strategy. Work continues to prioritise the key work programmes against the strategic aims and resource requirements

# Somerset Strategy and SAMPLE Engagement Themes

Gathered and reported under aim 1: 'Improving health and wellbeing of the population'

- Want integrated and joined up approaches to health and care
- Want community based care
- Long-term conditions and illness and disability impact on overall health and wellbeing
- Access: challenges to access services due to travel; access to GP services; access to facilities such as leisure
- Want fast and easy access to quality healthcare
- Carers report difficulties and lack of support systems leading to isolation
- Housing is a contributor to H&WB

Full report  
is under  
development



# Our Somerset model of care



# Somerset Strategy Model of Care

- A key focus remains on Level 1 as the ambition for Somerset.
- Level 1 activity will: reduce inequalities; reduce demand in levels 3 & 4, and 5; enable better use of resources
- Level 1 is achieved through our communities as well as services
- Level 1 also links to the wider determinants of health (housing; geography; education; socio-economic issues)

# Somerset Integrated Health and Care Strategy

1

## IMPROVE THE HEALTH AND WELLBEING OF THE POPULATION

Enable people to live socially connected, healthy, independent lives, promote early intervention and prevent avoidable illness

2

## PROVIDE THE BEST CARE AND SUPPORT TO CHILDREN AND ADULTS

Ensure safe, sustainable, effective, high quality, person-centred support in the most appropriate setting

3

## STRENGTHEN CARE AND SUPPORT IN LOCAL COMMUNITIES

Develop and enhance support in local neighbourhood areas and bring care and support closer to home

4

## REDUCE INEQUALITIES

Value all people alike, target our resources and attention to where it is most needed, giving equal priority to physical and mental health

5

## RESPOND WELL TO COMPLEX NEEDS

Improve outcomes for people of all ages with complex needs through personalised, co-ordinated support

# Integrated Care Strategy

2023-28

1

Improve the health and wellbeing of the population

2

Provide the best care and support to children and adults

3

Enhance community support and services

4

Reduce inequalities

5

Respond well to complex needs

Prevention, Inequalities and Integration



# Somerset Strategy 5 Aims

- **Aim 3: Enhance community support and services**, to create greater emphasis on subsidiarity and local ownership; places focus on community-based inequalities and opportunities for local solutions / responses. With services provided in communities and closer to home
- Underpin all of the aims with **3 principles**:
  - Principle 1: Prevention: living well with healthier lives for longer
  - Principle 2: Reduce Inequalities: creating equity and fairness
  - Principle 3: Integration in all we do

# What are the obstacles to us achieving our vision?

**1** THERE IS A LACK OF FOCUS ON POPULATION HEALTH AND PREVENTION

Healthy life expectancy is decreasing for some groups and we do not focus enough resource and attention on prevention and wellbeing

**2** THERE ARE FRACTURED, CLUNKY PATHWAYS AND PROCESSES

Our pathways are disjointed and frequently too long, wasting time and resources for people, carers and colleagues, and negatively impacting the environment

**3** TOO MUCH RESOURCE IS SPENT ON HOSPITAL CARE

We are overspent, with too much attention and resource spent on hospital care, and not enough on children's services, mental health and community based services

**4** INEQUALITIES ARE WORSENING

We have worsening health inequalities, impacted by COVID, with some groups having life expectancy 10-20 years below others

**5** THERE IS POOR CO-ORDINATION OF CARE FOR PEOPLE WITH COMPLEX NEEDS







People with complex needs have poorly co-ordinated care wasting time, and leading to worse outcomes



# Somerset Strategy obstacles & intentions

- Reframe the language in the action section to present the opportunity e.g.:
  - Obstacle 1: we will focus on prevention enabling to live longer with good health
  - Obstacle 2: we will reduce the fragmentation that people experience in services by integrating
  - Obstacle 3: we will prioritise mental health, community and children's services and review how we use resources within the acute hospitals
  - Obstacle 4: we will prioritise resources to groups and communities that experience poor outcome, and in doing so reduce inequalities
  - Obstacle 5: we will co-ordinate and integrate services


# Our approach to working together in Somerset ICS

-  Everyone plays their part by working together and removing barriers in order to create the conditions which promote healthy, connected communities
-  We live within our means, and use our resources wisely to create a sustainable system
-  We have trusting and collaborative relationships
-  Engaged colleagues drive innovation from within high-performing teams, with strong supportive leadership
-  Our processes and systems make it easy for us to do the right thing and to get it right first time
-  We focus on and measure, things that matter to people, carers and colleagues

# Somerset Strategy and working together

- We will use our resources wisely to create a sustainable future the services across our system, to support our people

# Our enablers...



Excellent communication, quality improvement and learning are at the heart of our work

Our organisations deliver the right people, working differently, in a compassionate and inclusive culture

We all work on a single agreed strategy

We make the best use of our collective assets and resources

Our digital technologies are connected, driving access and information sharing across our organisations

We work in partnership with communities, the voluntary sector, carers and people with experience





# Somerset Joint Forward Plan 2023-28

# Joint Forward Plan

- Statutory requirement for the ICB and partner NHS FTs to prepare a Five Year Joint Forward Plan (JFP) before the start of each financial year. The JFP describes how the ICB and FTs intend to meet the physical and mental health needs of our population through arranging and/or providing NHS services. This should include delivery of universal NHS commitments and address the four core purposes of the ICS.
- **We have agreed in Somerset that this will be a system JFP covering health and care.**
- This will be a transition year, recognising that the time available to develop JFPs and Integrated Care strategies is shorter than desired.
- A draft JFP will be shared, to confirm that that draft JFP takes proper account of the JSNA and Improving Lives strategy.